

## **SUGGESTIONS FOR SPIRITUAL READING**

[ = Outstanding Books that are more accessible in **bold font** ]

### **CLASSICS**

St. Francis de Sales

- *Introduction to the Devout Life*
- *On the Love of God* (2 vols.)

St. John of the Cross:

- *Complete Works*
- *Ascent of Mount Carmel*
- *Dark Night of the Soul*

St. Teresa of Avila:

- *The Life of Teresa of Avila* (Image Book)
- *Way of Perfection*
- *Interior Castle*

***The Story of a Soul*** (St. Thérèse, Beevers' translation)

*Spiritual Exercises* (St. Ignatius Loyola); *Autobiography of St. Ignatius of Loyola*  
([John C. Olin](#), ed.)

St. Augustine

- *Confessions* (St. Augustine)
- *The City of God* (St. Augustine)

*The Dialogue* (St. Catherine of Siena)

***Soul of the Apostolate*** (Chautard)

*This Tremendous Lover* (Eugene Boylan)

***Abandonment to Divine Providence*** (de Caussade)

Cardinal Newman

- *Apologia pro Vita Sua*
- *Parochial & Plain Sermons*

***Imitation of Christ*** (T. à Kempis)

*The Sadness of Jesus* (St. Thomas More)

***True Devotion to Mary*** (St. L.M.G. de Montfort)

*The Three Ages of the Interior Life* (R. Garrigou- Lagrange)

***The Sacred Passion*** (Luis de la Palma, Scepter)

***About the Holy Spirit*** (Javiera del Valle)

***In Conversation with God*** (Francis Fernandez) series

**OTHER GOOD WORKS:**

Jacques Philippe:

- (1) *Time for God;*
- (2) ***Searching for & Maintaining Peace;***
- (3) *In the School of the Holy Spirit;*
- (4) *Interior Freedom;*
- (5) *The Way of Trust and Love* (St. Thérèse of Lisieux)

Timothy Gallagher:

- (1) ***Discernment of Spirits;***
- (2) ***The Examen Prayer;***
- (3) *An Ignatian Introduction to Prayer;*
- (4) *Spiritual Consolation;*
- (5) *Meditation and Contemplation;*
- (6) *Discernment of the Will of God*

Robert Spitzer: ***The 5 Pillars of the Spiritual Life: A Practical Guide to Prayer for Active People;***

Thomas Dubay: *Seeking Spiritual Direction*

God's Love: ***I Believe in Love*** (Jean D'Elbee)

Purity: *Virginity* (Raniero Cantalamessa);

*God asks for an Undivided Heart* (Andrew Apostoli);

*Every Man's Battle: Winning the War on Sexual Purity One Victory at a Time* (Stephen Arterburn, Fred Stoeker);

*Courage to be Chaste* (Benedict Groeschel)

Confession: ***Guidebook for Confessors*** (Michael Giesler);

*Frequent Confession* (B. Baur);

*Pardon and Peace* (Alfred Wilson)

Stages of Interior Life: *Carmelite Spirituality in the Teresian Tradition* (Paul-Marie of the Cross);

*I Want to See God: A Practical Synthesis of Carmelite Spirituality* (Marie-Eugène);

***Fire Within*** (Dubay);

***Gospel of Contemplation*** (Mary Niere);

*The Impact of God: Soundings* (Iain Matthew);

*Spiritual Passages* (B. Groeschel);

Spiritual Warfare: *Temptation & Discernment* (Segundo Galilea);

***Deliverance from Evil Spirits*** (Francis MacNutt);

*Unbound* (Neal Lozano);  
*Deliverance from Evil Spirits* (Scanlan-Crner);  
*Deceivers* (Livio Fanzaga);  
***Exorcism & Church Militant*** (Thomas Euteneuer);  
*Diabolical Possession and Exorcism* (Francesco Bamonte)

Education: *The Educational Philosophy of St. John Bosco* (J. Morrison);  
***Don Bosco the Catechist*** (Gian Carlo Isodardi)

Tradition: *Christian Spirituality in the Catholic Tradition*;  
*Spiritual Theology* (Jordan Aumann);  
***The Spirit of the Liturgy*** (Cardinal Ratzinger);

Books by/about Saints

*The Spirit of St. Francis de Sales* (Jean Pierre Camus)  
***Life of Christ***, *Treasure in Clay*, *A Priest is not his own* (Fulton Sheen)  
*Witness to Hope* (George Weigel's Biography of John Paul II)  
***Union with God*** (Blessed Columba Marmion) à  
***Autobiography of Dina Bélanger*** (available directly from Congregation of the Religious of Jesus and Mary in Sillery, Quebec City).  
***Conchita: A Mother's Spiritual Diary***, M. M. Philippon

Lives of Saints

- *Curé d'Ars* (Trochu);  
***St. Dominic Savio*** (by St. John Bosco);  
Louis de Wohl: ***Lay Siege to Heaven*** (on St. Catherine of Siena) \$24 (original biography is "*Life of C. of S.*", by St. Raymond of Capua);  
***The Quiet Light*** (on St. Thomas Aquinas)

Marian: ***The Immaculate Conception and the Holy Spirit*** (H. M. Bonamy-Manteau);  
***Mother Teresa: In the Shadow of Mary*** (Joseph Langford)